

# HORMONE REPLACEMENT THERAPIES

Generic	Brand	Form	Strength	Dosing Frequency
<b>ORAL ESTROGEN</b>				
conjugated estrogens	<b>Premarin</b>	tabs	0.3mg, 0.45mg, 0.625mg, 0.9mg, 1.25mg	Once daily
esterified estrogens	<b>Menest</b>	tabs	0.3mg, 0.625mg, 1.25mg, 2.5mg	
estradiol (micronized)	<b>Estrace</b>	tabs	0.5mg, 1mg, 2mg	
estropipate	—	tabs	0.75mg, 1.5mg, 3mg	
<b>TRANSDERMAL ESTROGEN</b>				
estradiol	<b>Alora</b>	transdermal system	0.025mg/day, 0.05mg/day, 0.075mg/day, 0.1mg/day	Twice weekly
	<b>Climara</b>	transdermal system	0.025mg/day, 0.0375mg/day, 0.05mg/day, 0.06mg/day, 0.075mg/day, 0.1mg/day	Once weekly
	<b>Divigel</b>	topical gel	0.25mg/pkt, 0.5mg/pkt, 0.75mg/pkt, 1mg/pkt, 1.25mg/pkt	Once daily
	<b>Elestrin</b>	topical gel	0.87g/pump	Once daily
	<b>Estrogel</b>	topical gel	1.25g/pump	1 pump once daily
	<b>Evamist</b>	transdermal spray	1.53mg/spray	Initially 1 spray daily; may increase to 2–3 sprays if needed
	<b>Menostar</b>	transdermal system	14mcg/day	Once weekly
	<b>Minivelle</b>	transdermal system	0.025mg/day, 0.0375mg/day, 0.05mg/day, 0.075mg/day, 0.1mg/day	Twice weekly
	<b>Vivelle-Dot</b>	transdermal system	0.025mg/day, 0.0375mg/day, 0.05mg/day, 0.075mg/day, 0.1mg/day	Twice weekly
<b>VAGINAL ESTROGEN</b>				
conjugated estrogens	<b>Premarin</b>	cream	0.625mg/g	Once daily or twice weekly, cyclically*
estradiol	<b>Estring</b>	ring	7.5mcg/24hrs	Once every 90 days
	<b>Femring</b>	ring	0.05mg/day, 0.1mg/day	Once every 3mos
	<b>Imvexy</b>	vaginal inserts	4mcg, 10mcg	Initially 4mcg once daily for 2wks, then twice weekly every 3–4 days
	<b>Vagifem</b>	vaginal inserts	10mcg	Once daily for 2wks, then twice weekly
<b>ORAL ESTROGEN + ESTROGEN AGONIST/ANTAGONIST</b>				
conjugated estrogens/bazedoxifene	<b>Duavee</b>	tabs	0.45mg/20mg	Once daily
<b>ORAL PROGESTOGEN</b>				
MPA	<b>Provera</b>	tabs	2.5mg, 5mg, 10mg	Once daily
norethindrone acetate	<b>Aygestin</b>	tabs	5mg	
progesterone (micronized)	<b>Prometrium</b>	caps	100mg, 200mg	
<b>ORAL ESTROGEN + PROGESTOGEN</b>				
conjugated estrogens (14 tabs); then conjugated estrogens/MPA (14 tabs)	<b>Premphase</b>	tabs	0.625mg; then 0.625mg/5mg	Once daily, sequentially
conjugated estrogens/MPA (28 tabs)	<b>Prempro</b>	tabs	0.3mg/1.5mg, 0.45mg/1.5mg, 0.625mg/2.5mg, 0.625mg/5mg	Once daily
estradiol/drospirenone	<b>Angeliq</b>	tabs	0.5mg/0.25mg, 1mg/0.5mg	Once daily
estradiol/norethindrone acetate	<b>Activella</b>	tabs	0.5mg/0.1mg, 1mg/0.5mg	Once daily
estradiol/progesterone	<b>Bijuva</b>	caps	1mg/100mg	Once daily
norethindrone acetate/ethinyl estradiol	<b>Femhrt</b>	tabs	0.5mg/2.5mcg	Once daily Note: Progestin listed first
<b>TRANSDERMAL ESTROGEN + PROGESTOGEN</b>				
estradiol/levonorgestrel	<b>Climara Pro</b>	transdermal system	0.045mg/0.015mg per day	Once weekly
estradiol/norethindrone acetate	<b>Combipatch</b>	transdermal system	0.05mg/0.14mg per day, 0.05mg/0.25mg per day	Twice weekly

## NOTES

**Key:** MPA = medroxyprogesterone acetate.

\*Once daily for atrophic vaginitis or kraurosis vulvae. Twice weekly for dyspareunia.

Not an inclusive list of medications and/or official indications. Please see drug monograph at [www.eMPR.com](http://www.eMPR.com) and/or contact company for full drug labeling. Estrogen component is listed first for combination products. Listed strengths are not necessarily the same as the dosage. Listed dosing frequency is for use in HRT; may be other frequencies for other uses. Some products are given cyclically.

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