

IRRITABLE BOWEL SYNDROME TREATMENTS

Generic	Brand	Strength	Form	Usual Dose
5-HT₃ RECEPTOR ANTAGONIST				
alosetron HCl	Lotronex	Rx 0.5mg, 1mg	tabs	Adults: 0.5mg twice daily; may increase to 1mg twice daily after 4wks if needed. If constipation occurs, discontinue until constipation resolves, then restart at 0.5mg once daily. Discontinue if constipation recurs or inadequate symptom control after 4wks of treatment at 1mg twice daily. Children: Not recommended.
5-HT₄ RECEPTOR AGONIST				
tegaserod	Zelnorm	Rx 6mg	tabs	Adults: IBS-C (women <65yrs only): 6mg twice daily ≥30mins before a meal. Discontinue after 4–6wks if inadequate control. Children: Not established.
ANTICHOLINERGICS				
dicyclomine HCl	—	Rx 10mg/5mL	syrup	Adults: Initially 20mg 4 times daily; may increase to 40mg 4 times daily after 1wk if tolerated. Discontinue if not effective within 2wks or daily doses ≥80mg are not tolerated. <i>Inj:</i> Give by IM route only. 10–20mg four times daily for max 1–2 days when oral therapy is not feasible. Children: <6mos: Contraindicated. ≥6mos: Consult manufacturer.
	Bentyl	Rx 10mg	caps	
	Bentyl Injection	Rx 10mg/mL	inj	
BARBITURATE + ANTICHOLINERGICS				
phenobarbital/hyoscyamine sulfate/atropine sulfate/scopolamine HBr	Donnatal Elixir	Rx 16.2mg/0.1037mg/0.0194mg/0.0065mg per 5mL	liq ^{1,4}	Adults: 5–10mL 3–4 times daily. Children: <10lb (4.5kg): Not recommended. <i>10lb (4.5kg):</i> Initially 0.5mL every 4hrs or 0.75mL every 6hrs. <i>20lb (9.1kg):</i> 1mL every 4hrs or 1.5mL every 6hrs. <i>30lb (13.6kg):</i> 1.5mL every 4hrs or 2mL every 6hrs. <i>50lb (22.7kg):</i> 2.5mL every 4hrs or 3.75mL every 6hrs. <i>75lb (34kg):</i> 3.75mL every 4hrs or 5mL every 6hrs. <i>100lb (45.4kg):</i> 5mL every 4hrs or 7.5mL every 6hrs.
	Donnatal Tablets	Rx 16.2mg/0.1037mg/0.0194mg/0.0065mg	tabs	
BENZODIAZEPINE + ANTICHOLINERGIC				
chlordiazepoxide HCl/clidinium bromide	Librax	CIV 5mg/2.5mg	caps	Adults: Individualize. Usually 1–2 caps 3–4 times daily before meals and at bedtime. <i>Elderly or debilitated:</i> max 2 caps daily initially, then may increase gradually. Children: Not established.
GI MOTILITY ENHANCER (CHLORIDE CHANNEL ACTIVATOR)				
lubiprostone	Amitiza	Rx 8mcg, 24mcg	caps	≥ 18yrs: Take with food and water. <i>IBS-C (women only):</i> 8mcg twice daily. <i>Severe hepatic impairment (Child-Pugh Class C):</i> initially 8mcg once daily; if tolerated and inadequate response, may escalate to full dose; monitor. < 18yrs: Not established.
GUANYLATE CYCLASE-C AGONIST				
linaclotide	Linzess	Rx 72mcg, 145mcg, 290mcg	caps	Adults: Take on empty stomach, at least 30mins before first meal of the day. <i>IBS-C:</i> 290mcg once daily. Children: <6yrs: Contraindicated. 6–17yrs: Avoid.
plecanatide	Trulance	Rx 3mg	tabs	Adults: IBS-C: 3mg once daily. Children: <6yrs: Contraindicated. 6–17yrs: Avoid.
MU-OPIOID RECEPTOR AGONIST				
eluxadoline	Viberzi	CIV 75mg, 100mg	tabs	Adults: Take with food. <i>IBS-D:</i> 100mg twice daily. <i>Mild or moderate hepatic impairment, concomitant OATP1B1 inhibitors, intolerance to 100mg:</i> 75mg twice daily. Children: Not established.
RIFAMYCIN				
rifaximin	Xifaxan	Rx 550mg	tabs	≥ 18yrs: IBS-D: 550mg three times daily for 14 days. <i>Recurrent episodes:</i> can retreat up to two times with the same dose. < 18yrs: Not established.

NOTES

Key: IBS-C = irritable bowel syndrome with constipation; IBS-D = irritable bowel syndrome with diarrhea; ODT = orally disintegrating tablets; SL = sublingual

¹ contains alcohol; ² dye-free, peppermint flavor; ³ orange flavor; ⁴ grape flavor

Not an inclusive list of medications and/or official indications. Please see drug monographs at www.eMPR.com and/or contact company for full drug labeling.