

ARTHRITIS TREATMENTS: NSAIDS (Part 1 of 2)

Generic	Brand	Strength	Form	Usual Dose
ACETIC ACIDS DERIVATIVES				
diclofenac potassium	—	50mg	tabs	Adults: OA: 50mg 2–3 times daily. RA: 50mg 3–4 times daily. Children: Not established.
diclofenac sodium	—	25mg, 50mg, 75mg	e-c tabs	Adults: OA: 50mg 2–3 times daily or 75mg twice daily. RA: 50mg 3–4 times daily or 75mg twice daily. AS: 25mg 4 times daily, with an additional 25mg at bedtime if necessary. Children: Not established.
		100mg	ext-rel tabs	Adults: OA: 100mg once daily. RA: 100mg once daily; rarely 100mg twice daily may be used. Children: Not established.
	Zorvolex	18mg, 35mg	caps	Adults: ≥18yrs: 35mg three times daily. Children: <18yrs: not established.
etodolac	—	200mg, 300mg	caps	Adults: Initially 300mg 2–3 times daily, or 400mg twice daily, or 500mg twice daily; usual max 1000mg/day in divided doses. May give 600mg once daily for long-term use. Children: <18yrs: Not established.
		400mg, 500mg	tabs	
	400mg, 500mg, 600mg	ext-rel tabs	Adults: Initially 400–1000mg once daily. Children: <6yrs: Not established. Give once daily. JRA: 6–16yrs (20–30kg): 400mg; (31–45kg): 600mg; (46–60kg): 800mg; (>60kg): 1000mg.	
indomethacin	—	25mg, 50mg	caps	Adults: <i>Acute gouty arthritis:</i> 50mg 3 times daily until pain tolerable; then rapidly reduce dose to discontinue. <i>Other conditions:</i> initially 25mg 2–3 times daily. Increase if needed at weekly intervals by 25–50mg daily; max 200mg daily. Children: <14yrs: not established. If risk warranted, monitor and assess liver function periodically. ≥2yrs: 1–2mg/kg/day in divided doses; max 3–4mg/kg/day (or 150–200mg/day whichever less).
		50mg	supp	
	Indocin Susp	25mg/5mL	susp	
nabumetone	—	500mg, 750mg	tabs	Adults: Initially 1g once daily; max 2g/day in 1 or 2 divided doses. <i>Renal insufficiency</i> (CrCl 30–49mL/min): initial max 750mg once daily, may increase to 1.5g/day; (CrCl <30mL/min): initial max 500mg once daily, may increase to 1g/day. Children: Not recommended.
sulindac	—	150mg, 200mg	scored tabs	Adults: RA, OA, AS: 150mg twice daily. <i>Gouty arthritis:</i> 200mg twice daily, usually for 7–14 days. <i>All:</i> max 400mg/day. Children: Not established.
COX-2 INHIBITORS				
celecoxib	Celebrex	50mg, 100mg, 200mg, 400mg	caps	Adults: ≥18yrs: OA: 200mg once daily or 100mg twice daily. RA: 100–200mg twice daily. AS: 200mg in 1–2 divided doses; if no response after 6wks, 400mg once daily may be tried. <50kg: start at lowest recommended dose. Children: <2yrs or <10kg: not studied. JRA: ≥2yrs (≥10kg–≤25kg): 50mg twice daily; (>25kg): 100mg twice daily.
PROPIONIC ACIDS DERIVATIVES				
fenoprofen	Nalfon	200mg, 400mg	caps	Adults: 400mg–600mg 3 or 4 times daily. Max: 3.2g/day. Children: <18yrs: Not established.
flurbiprofen	—	50mg, 100mg	tabs	Adults: 200–300mg/day in 2–4 divided doses; max single dose 100mg. Children: Not established.
ibuprofen	—	400mg, 600mg, 800mg	tabs	Adults: RA, OA: 400–800mg 3–4 times daily; max 3.2g/day. Children: JRA: 30–40mg/kg/day in 3–4 doses. May use 20mg/kg/day in 3–4 doses for milder disease.
ketoprofen ext-rel	—	200mg	ext-rel caps	Adults: 200mg daily. Children: Not recommended.
naproxen	Anaprox DS	550mg	scored tabs	Adults: <i>Arthritis, spondylitis:</i> 275mg or 550mg twice daily. <i>Tendinitis, bursitis:</i> Initially 550mg, then 550mg every 12hrs or 275mg every 6–8hrs; max 1.375g (first day), then max 1.1g/day. <i>Acute gout:</i> 825mg once then 275mg every 8hrs. Children: <2yrs: not established. ≥2yrs: use susp form of naproxen.

(continued)

ARTHRITIS TREATMENTS: NSAIDs (Part 2 of 2)

Generic	Brand	Strength	Form	Usual Dose
PROPIONIC ACIDS DERIVATIVES (continued)				
naproxen (continued)	Naprelan	375mg, 500mg, 750mg	controlled- rel tabs	Adults: RA, OA, or AS: 750mg–1g once daily; max 1.5g once daily. <i>Acute tendonitis or bursitis:</i> 1g once daily, or 1.5g once daily for a limited period; max 1g/day thereafter. <i>Gout:</i> 1–1.5g once daily for 1 day then 1g once daily until attack subsides. Children: Not established.
	Naprosyn	500mg 125mg/5mL	scored tabs susp	Adults: Arthritis, spondylitis: 250–500mg twice daily; max 1.5g/day (up to 6mos). <i>Tendinitis, bursitis:</i> 500mg once, then 500mg twice daily or 250mg every 6–8hrs; max (first day) 1.25g, then max 1g/day. <i>Acute gout:</i> 750mg once, then 250mg every 8hrs. Children: <2yrs: not established. ≥2yrs: JIA: 5mg/kg twice daily. <i>Other uses:</i> Doses of 2.5–5mg/kg/dose, max 15mg/kg/day have been used.
	EC-Naprosyn	375mg, 500mg	e-c tabs	Adults: 375–500mg twice daily. Children: <18yrs: not studied.
oxaprozin	Daypro	600mg	scored caplets	Adults: RA (≥16yrs) or OA: 1.2g once daily; max 1.8g or 26mg/kg daily, whichever is less, in divided doses. <i>Low body weight, severe renal impairment, or on dialysis:</i> initially 600mg once daily; max 1.2g daily. Children: <6yrs: not established. JRA: 6–16yrs (22–31kg): 600mg once daily; (32–54kg): 900mg once daily; (≥55kg): 1.2g once daily.
PROPIONIC ACIDS DERIVATIVE + H₂ BLOCKER				
ibuprofen + famotidine	Duexis*	800mg/26.6mg	tabs	Adults: 1 tab three times daily. Children: Not established.
PROPIONIC ACIDS DERIVATIVE + PROTON PUMP INHIBITOR				
naproxen + esomeprazole	Vimovo*	375mg/20mg, 500mg/20mg	del-rel tabs	Adults: ≥18yrs: one 375mg/20mg or 500mg/20mg tab twice daily. Children: <12yrs or <38kg: not established. JIA: ≥12yrs (≥38kg–<50kg): one 375mg/20mg tab twice daily; (>50kg): one 375mg/20mg or 500mg/20mg tab twice daily.
OXICAMS DERIVATIVES				
meloxicam	Mobic	7.5mg, 15mg	tabs	Adults: ≥18yrs: 7.5mg once daily; max 15mg once daily. <i>Hemodialysis:</i> max 7.5mg/day. Children: <2yrs or <60kg: not recommended. JRA: ≥2yrs or ≥60kg: 7.5mg once daily.
piroxicam	Feldene	10mg, 20mg	caps	Adults: 20mg daily; may give in 2 divided doses. Children: Not established.
SALICYLATES				
aspirin	Bayer	325mg	tabs, caplets, gelcaps	Adults: RA, arthritis and pleurisy of SLE: initially 3g daily in divided doses; target plasma salicylate level 150–300mcg/mL. OA: up to 3g/day in divided doses. <i>Spondyloarthropathies:</i> up to 4g/day in divided doses. Children: JRA: initially 90–130mg/kg/day in divided doses; target plasma salicylate level 150–300mcg/mL.
	Ecotrin	81mg, 325mg, 500mg	e-c tabs	
	Extra Strength Bayer	500mg	caplets, gelcaps	
choline magnesium trisalicylate	—	500mg, 750mg, 1g	scored tabs	Adults: 3g daily at bedtime or in 2 divided doses. Elderly: 750mg three times daily. Children: <12kg: not recommended. 12–37kg: 50mg/kg/day. >37kg: 2.25g/day. Both in 2 divided doses.
	—	500mg/5mL	soln	
diflunisal	—	250mg, 500mg	tabs	Adults: 250–500mg twice daily; max 1.5g/day. Children: Not recommended.
salsalate	—	500mg, 750mg	scored tabs	Adults: 3g daily in divided doses. Children: Not recommended.

NOTES

Key: AS = Ankylosing spondylitis; e-c = enteric coated; ext-rel = extended-release; JIA = Juvenile idiopathic arthritis; JRA = Juvenile rheumatoid arthritis; RA = Rheumatoid arthritis; supp = suppositories; susp = suspension; OA = Osteoarthritis
 *A fixed-combination tablet indicated for the relief of signs/symptoms of arthritis (eg, RA, OA) and to reduce the risk of developing NSAID-induced GI ulcers.

Not an inclusive list of medications, official indications, and/or dosing details. Please see drug monograph at www.eMPR.com and/or contact company for full drug labeling.

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