

# HYPERTENSION TREATMENTS: DIURETICS

Generic	Brand	Strength	Form	Usual Dose
<b>LOOP DIURETICS</b>				
furosemide	—	10mg/mL, 40mg/5mL	oral soln	<b>Adults:</b> Initially 40mg twice daily. <i>Adding to other antihypertensives:</i> Initially reduce other agent's dose by 50%. <b>Children: Not recommended.</b>
	Lasix	20mg, 40mg+, 80mg+	tabs	
torseamide	Demadex	5mg, 10mg, 20mg, 100mg	scored tabs	<b>Adults:</b> Initially 5mg once daily; may increase to 10mg daily after 4–6wks. <b>Children: Not established.</b>
<b>POTASSIUM SPARING DIURETICS</b>				
amiloride	—	5mg	tabs	<b>Adults:</b> Administer with kaliuretic and food. Initially 5mg/day; 5–10mg usually adequate. If hypokalemia persists, may increase to 15mg/day and then 20mg/day with careful electrolyte monitoring. <b>Children: Not established.</b>
eplerenone	Inspira	25mg, 50mg	tabs	<b>Adults:</b> Initially 50mg once daily; may increase after 4wks to max 50mg twice daily. <i>Concomitant moderate CYP3A inhibitors</i> (eg, erythromycin, verapamil, saquinavir, fluconazole): initially 25mg once daily; max 25mg twice daily. <b>Children: Not established.</b>
spironolactone	Aldactone	25mg, 50mg+, 100mg+	tabs	<b>Adults:</b> Initially 25–100mg/day in single or divided doses. Titrate at 2-wk intervals. <b>Children: Not established.</b>
	Carospir	25mg/5mL	oral susp	
<b>POTASSIUM SPARING + THIAZIDE DIURETICS</b>				
amiloride/hydrochlorothiazide	—	5mg/50mg	scored tabs	<b>Adults:</b> Initially 1 tab daily with food. May increase to 2 tabs daily in single or divided doses. <b>Children: Not established.</b>
spironolactone/hydrochlorothiazide	Aldactazide	25mg/25mg, 50mg/50mg+	tabs	<b>Adults: Usual maintenance:</b> 50–100mg each of spironolactone and HCTZ daily in single or divided doses. <b>Children: Not established.</b>
triamterene/hydrochlorothiazide	Dyazide	37.5mg/25mg	caps	<b>Adults:</b> 1–2 caps once daily. <b>Children: Not established.</b>
	Maxzide-25mg	37.5mg/25mg	scored tabs	<b>Adults:</b> 1–2 tabs daily. <b>Children: Not established.</b>
	Maxzide	75mg/50mg	scored tabs	<b>Adults:</b> 1 tab daily. <b>Children: Not established.</b>
<b>THIAZIDE-LIKE DIURETICS</b>				
chlorothiazide	—	250mg, 500mg	scored tabs	<b>Adults:</b> 0.5–1g/day as single or divided doses; max 2g/day. <b>Children:</b> <6mos: up to 30mg/kg/day in 2 divided doses. ≥6mos: 10–20mg/kg/day in 1–2 divided doses. Max (<2yrs): 375mg/day; (2–12yrs): 1g/day.
chlorthalidone	—	25mg, 50mg	tabs	<b>Adults:</b> Initially 25mg once daily; may increase to 50mg once daily if needed. If inadequate, increase to 100mg once daily or add second agent. <i>Maintenance:</i> doses should be lower than initial doses; individualize. <b>Children: Not established.</b>
hydrochlorothiazide	—	12.5mg, 25mg+, 50mg+	tabs	<b>Adults:</b> Initially 25mg once daily; usual max 50mg/day in 1–2 divided doses. <b>Children:</b> <6mos: up to 3mg/kg/day in 2 divided doses. ≥6mos: 1–2mg/kg/day in 1–2 divided doses. Max (<2yrs): 37.5mg/day; (2–12yrs): 100mg/day.
	Microzide	12.5mg	caps	
indapamide	—	1.25mg, 2.5mg	tabs	<b>Adults:</b> Initially 1.25mg once daily in the AM. May adjust at 4-wk intervals to 2.5mg then 5mg once daily. <b>Children: Not established.</b>
metolazone	Zaroxolyn	2.5mg, 5mg, 10mg	tabs	<b>Adults:</b> 2.5–5mg once daily. <b>Children: Not established.</b>

**NOTES**  
**Key:** + = scored tablets  
 Not an inclusive list of medications. Please see drug monographs at [www.eMPR.com](http://www.eMPR.com) and/or contact company for full drug labeling.  
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