

DAILY DOSE THRESHOLDS: SEDATIVES-HYPNOTICS

Generic	Brand	Usual Max Daily Dose
butabarbital	Butisol	100mg
diphenhydramine	Benadryl	50mg
doxepin	Silenor	6mg
estazolam	—	2mg
eszopiclone	Lunesta	3mg
flurazepam	—	30mg
hydroxyzine	Vistaril	100mg
lorazepam	Ativan	4mg
oxazepam	—	30mg
quazepam	Doral	15mg
ramelteon	Rozerem	8mg
suvorexant	Belsomra	20mg
tasimelteon	Hetlioz	20mg
temazepam	Restoril	30mg
triazolam	Halcion	0.5mg
zaleplon	Sonata	20mg
zolpidem	Ambien	10mg
	Ambien CR	12.5mg
	Edluar	10mg
	Intermezzo	1.75mg (female) 3.5mg (male)
	Zolpimist	10mg