

# CHILDREN'S VITAMINS

## VITAMINS

BRAND	FORM		Fluoride (mg)	Vit. A (IU)	Vit. B <sub>1</sub> (mg)	Vit. B <sub>2</sub> (mg)	Vit. B <sub>3</sub> (mg)	Vit. B <sub>5</sub> (mg)	Vit. B <sub>6</sub> (mg)	Vit. B <sub>12</sub> (mcg)	Vit. C (mg)	Vit. D (IU)	Vit. E (IU)	Vit. K (mcg)
<b>Centrum Kids</b>	chew tab <sup>1,2</sup>	OTC		1500	1.5	1.7	20	10	2	6	60	400	30	10
<b>Flintstones Complete</b>	chew tab <sup>6,7</sup>	OTC		3000	1.5	1.7	15	10	2	6	60	600	30	55
<b>Flintstones Plus Immunity Support</b>	chew tab <sup>6,7</sup>	OTC		1300	0.75	0.85	10	5	2	6	130	600	30	
<b>Flintstones + Iron</b>	chew tab <sup>6</sup>	OTC		1300	0.75	0.85	10	5	1	3	60	600	15	
<b>Flintstones Complete Gummies</b>	gummy <sup>4,8</sup>	OTC		2000				5	1	3	30	600	18	
<b>Poly-Vi-Sol</b>	drops	OTC		750	0.5	0.6	8		0.4	2	35	400	5	
<b>Poly-Vi-Sol w. Iron</b>	drops	OTC		750	0.5	0.6	8		0.4		35	400	5	
<b>poly-vitamin chewable tablets w/fluoride</b>	chew tab	Rx	0.25	2500	1.05	1.2	13.5		1.05	4.5	60	400	15	
			0.5	2500	1.05	1.2	13.5		1.05	4.5	60	400	15	
			1	2500	1.05	1.2	13.5		1.05	4.5	60	400	15	
<b>poly-vitamin drops w/fluoride</b>	drops	Rx	0.25	1500	0.5	0.6	8		0.4	2	35	400	5	
			0.5	1500	0.5	0.6	8		0.4	2	35	400	5	
<b>poly-vitamin drops w/iron &amp; fluoride</b>	drops	Rx	0.25	1500	0.5	0.6	8		0.4		35	400	5	
<b>Tri-Vi-Sol</b>	drops	OTC		750							35	400		
<b>tri-vitamin drops w/fluoride</b>	drops	Rx	0.25	1500							35	400		
<b>tri-vitamin drops w/iron &amp; fluoride</b>	drops	Rx	0.25	1500							35	400		

## MINERALS

BRAND	FORM		Biotin (mcg)	Folic Acid (mg)	Calcium (mg)	Iron (mg)	Copper (mg)	Iodine (mcg)	Magnesium (mg)	Phosphorous (mg)	Zinc (mg)
<b>Centrum Kids</b>	chew tab <sup>1,2</sup>	OTC	45	0.4	108	8	2	150	40	50	15
<b>Flintstones Complete</b>	chew tab <sup>6,7</sup>	OTC	40	0.4	100	18	2	150			12
<b>Flintstones Plus Immunity Support</b>	chew tab <sup>6,7</sup>	OTC	150	0.2							8
<b>Flintstones + Iron</b>	chew tab <sup>6</sup>	OTC		0.2		18					
<b>Flintstones Complete Gummies</b>	gummy <sup>4,8</sup>	OTC	75	0.2				30			2.5
<b>Poly-Vi-Sol w. Iron</b>	drops	OTC				10					
<b>poly-vitamin chewable tablets w/fluoride</b>	chew tab	Rx		0.3							
				0.3							
				0.3							
<b>poly-vitamin drops w/iron &amp; fluoride</b>	drops	Rx				10					
<b>tri-vitamin drops w/iron &amp; fluoride</b>	drops	Rx				10					

## NOTES

<sup>1</sup>Contains phenylalanine.

<sup>2</sup>Contains chromium, manganese, molybdenum.

<sup>3</sup>Contains choline bitartrate.

<sup>4</sup>Contains sugar.

<sup>5</sup>Ingredients are per 2mL.

<sup>6</sup>Contains soy.

<sup>7</sup>Contains sodium.

<sup>8</sup>Contains gelatin, wheat, tree nuts.

Children's vitamins should be taken at the same time each day. Dose is based on the child's age, weight, and the fluoride content of the child's drinking water. Ingredients listed are per mL or per chewable tablet.

For information on available vitamin-specific flavors and other ingredients, see drug monograph and/or contact Company for product labeling.

Not an inclusive list of medications, indications, or dosing details. Please see drug monograph at [www.eMPR.com](http://www.eMPR.com) and/or contact company for full drug labeling.

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