

# MEDICATIONS DISPOSABLE BY FLUSHING (Part 1 of 2)

Generic	Brand	Form	Special Instructions
<b>BENZODIAZEPINE</b>			
diazepam	<b>Diastat</b>	rectal gel	<ul style="list-style-type: none"> <li>• Pull on plunger until it is completely removed from the syringe body.</li> <li>• Point tip over sink or toilet.</li> <li>• Replace plunger into syringe body, gently pushing plunger until it stops.</li> <li>• Flush toilet or rinse sink with water until gel is no longer visible.</li> <li>• Discard all used materials in the trash out of children's reach.</li> <li>• Do not reuse.</li> </ul>
<b>CNS DEPRESSANT</b>			
sodium oxybate	<b>Xyrem</b>	oral soln	<ul style="list-style-type: none"> <li>• Empty any unused Xyrem down the sink drain.</li> <li>• Cross out the label on the Xyrem bottle with a marker.</li> <li>• Place the empty Xyrem bottle in the trash.</li> </ul>
<b>CNS STIMULANT</b>			
methylphenidate	<b>Daytrana</b>	transdermal patch	<ul style="list-style-type: none"> <li>• Fold the used patch in half and press it together firmly so that the sticky side sticks to itself.</li> <li>• Flush the used patch down the toilet or put the patch in a container with a lid right away.</li> <li>• Do not flush the protective pouches or liners down the toilet. Discard in a container with a lid.</li> <li>• Use or throw away the patches within 2 months after the sealed tray or outer pouch is opened.</li> <li>• Unused patches should be removed from the pouch and liner, folded onto itself, and disposed of in the same manner.</li> </ul>
<b>OPIOID AGONIST</b>			
fentanyl	<b>Abstral</b>	sublingual tabs	<ul style="list-style-type: none"> <li>• Remove tabs from the blister cards and flush them down the toilet. Do not flush the blister cards, units, or cartons down the toilet.</li> </ul>
	<b>Duragesic</b>	transdermal patch	<ul style="list-style-type: none"> <li>• Fold the sticky sides of the patch together and flush down the toilet. Do not put patches in a trash can.</li> <li>• Do not flush the protective pouches or liners down the toilet. Discard in a container with a lid.</li> <li>• Unused patches should be removed from the pouch and liner, folded onto itself, and flushed down the toilet.</li> </ul>
fentanyl citrate	<b>Actiq</b>	lozenge	<ul style="list-style-type: none"> <li>• After complete consumption of the unit, throw handle away in a trash container out of children's reach.</li> <li>• If drug matrix remains on handle, place under hot running water until completely dissolved.</li> <li>• Remove unused units from blister packages using scissors.</li> <li>• Hold Actiq by its handle over the toilet bowl. Using wire-cutting pliers, cut the medicine end off so that it falls into the toilet.</li> <li>• Throw the handle away in a place that children cannot reach.</li> <li>• Repeat steps for each Actiq unit.</li> <li>• Flush the toilet twice after 5 units have been deposited.</li> <li>• Do not flush entire unit, handles, blister packages, or cartons down the toilet.</li> <li>• Units kept in a temporary child-resistant container must be disposed of, one at a time, in the same manner.</li> </ul>
	<b>Fentora</b>	buccal tabs	<ul style="list-style-type: none"> <li>• Remove unused tabs from blister packages and flush down the toilet.</li> <li>• Do not flush blister packages or cartons down the toilet.</li> </ul>
	<b>Onsolis</b>	buccal soluble film	<ul style="list-style-type: none"> <li>• Remove unused films from foil packages and flush down the toilet.</li> <li>• Do not flush foil packages or cartons down the toilet.</li> </ul>
hydrocodone bitartrate	<b>Hysingla ER</b>	ext-rel tabs	
	<b>Zohydro ER</b>	ext-rel caps	

(continued)

## MEDICATIONS RECOMMENDED FOR DISPOSAL BY FLUSHING (Part 2 of 2)

Generic	Brand	Form	Special Instructions
<b>OPIOID AGONIST</b> <i>(continued)</i>			
hydromorphone HCl	<b>Dilaudid</b>	oral liq tabs	
	<b>Exalgo</b>	ext-rel tabs	
meperidine HCl	<b>Demerol</b>	tabs	
methadone HCl	<b>Dolophine</b>	tabs	
morphine sulfate	—	scored tabs	
	—	oral soln	
	<b>Arymo ER</b>	ext-rel tabs	
	<b>Kadian</b>	ext-rel caps	
	<b>MS Contin</b>	ext-rel tabs	
oxycodone	—	caps	
	<b>Oxaydo</b>	tabs	
	<b>Oxycontin</b>	ext-rel tabs	
	<b>Xtampza ER</b>	ext-rel caps	
oxymorphone HCl	<b>Opana</b>	tabs	
tapentadol	<b>Nucynta ER</b>	ext-rel tabs	
<b>OPIOID AGONIST/ANTAGONIST</b>			
buprenorphine	—	sublingual tabs	
	<b>Belbuca</b>	buccal films	<ul style="list-style-type: none"> <li>Remove unused films from foil packages and flush down the toilet.</li> <li>Discard foil packaging and cartons in the trash.</li> </ul>
	<b>Butrans</b>	transdermal patch	<ul style="list-style-type: none"> <li>Dispose used patches by folding the adhesive side of the patch to itself, then flushing the patch down the toilet immediately upon removal.</li> <li>Unused patches should be removed from their pouches, the protective liners removed, the patches folded so that the adhesive side of the patch adheres to itself, and immediately flushed down the toilet.</li> </ul>
buprenorphine HCl/ naloxone HCl	—	sublingual tabs	
	<b>Suboxone</b>	sublingual film	<ul style="list-style-type: none"> <li>Unused films should be removed from the foil pouch and flushed down the toilet.</li> </ul>
	<b>Zubsolv</b>	sublingual tabs	
morphine sulfate/ naltrexone HCl	<b>Embeda</b>	ext-rel caps	
<b>OPIOID AGONIST + NON-OPIOID</b>			
oxycodone HCl/ acetaminophen	<b>Percocet</b>	tabs	
	<b>Xartemis XR</b>	bilayer ext-rel tabs	
oxycodone HCl/ aspirin	<b>Percodan</b>	tabs	

### REFERENCES

U.S. Food & Drug Administration. Medications Recommended for Disposal by Flushing. Accessed on July 18, 2017. <https://www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/EnsuringSafeUseofMedicine/SafeDisposalofMedicines/ucm576167.htm>.

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